

# Oft I in my heart have said

French Psalter, 1561

Barnabas  
76.76.77.76

Oft I in my heart have said,  
Who shall ascend on high,  
Mount to Christ, my glorious Head,  
And bring him from the sky?  
Borne on contemplation's wing,  
Surely I shall find him there,  
Where the angels praise their King,  
And gain the morning-star

But the righteousness of faith  
Hath taught me better things:  
"Inward turn thine eyes," it saith,  
(While Christ to me it brings)  
"Christ is ready to impart  
Life to all, for life who sigh;  
In thy mouth, and in thy heart,  
The word is ever nigh."

Oft I in my heart have said,  
Who to the deep shall stoop,  
Sink with Christ among the dead,  
From thence to bring him up?  
Could I but my heart prepare,  
By unfeigned humility,  
Christ would quickly enter there,  
And ever dwell with me.

Charles Wesley