

## Ephesians 1:1-14 Bible Study

1. What would people say is the most important things they have in the world?

2. read verses 3-14, and list all the blessings that God has given us.

3. Are there any of the blessings that stands out to you the most? Why is that?

4. What do we have to do to be blessed by God in such a way?

*Nothing. If we are a follower of Jesus, all that Christ is and has done on our behalf means these blessings are ours.*

5. What does it mean to be in Christ? (See 2 Cor 5:17-19; Gal 2:20 and Eph 2:6)

*Jesus has payed for our sin. When we trust in him we are united to him in his death, that is he takes our sin, and gives us his right standing before God. Our life is now caught up in his. Through him we are holy and blameless in God's sight.*

6. Why does Paul include the fact that God chose us before the creation of the world?  
How does it make you feel to know this?

*This reminds us that our salvation, from start to finish is in God's hand. He chose us and he will keep us. It takes away any basis for self praising for the blessing that God gives us, and it encourages us to know these blessings don't depend on whether I am worthy or not.*

7. If we have 'every Spiritual blessing in Christ' why do we feel so discontent in life?  
How does this passage address our discontent?

*We have the world constantly telling us that we need more and more, find contentment in relationships, achievements and possessions. The nature of these things is that they come and go and there is no long term contentment in them. Real contentment comes in being in a right relationship with God. We need to find contentment in the blessing of God that are constant and all that really matters.*

8. How does what you have read in Ephesians 1:1-14 help you think about yourself?  
How does it shape the way you view God?

Spend some time praying together about what you have learnt about God.