## The glory of these forty days





The glory of these forty days We celebrate with songs of praise; For Christ, by Whom all things were made, Himself has fasted and has prayed.

Alone and fasting Moses saw The loving God Who gave the law; And to Elijah, fasting, came The steeds and chariots of flame.

So Daniel trained his mystic sight, Delivered from the lions' might; And John, the Bridegroom's friend, became The herald of Messiah's Name. Then grant us, Lord, like them to be Full oft in fast and prayer with Thee; Our spirits strengthen with Thy grace, And give us joy to see Thy face.

O Father, Son, and Spirit blest, To thee be every prayer addressed, Who art in threefold Name adored, From age to age, the only Lord.

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