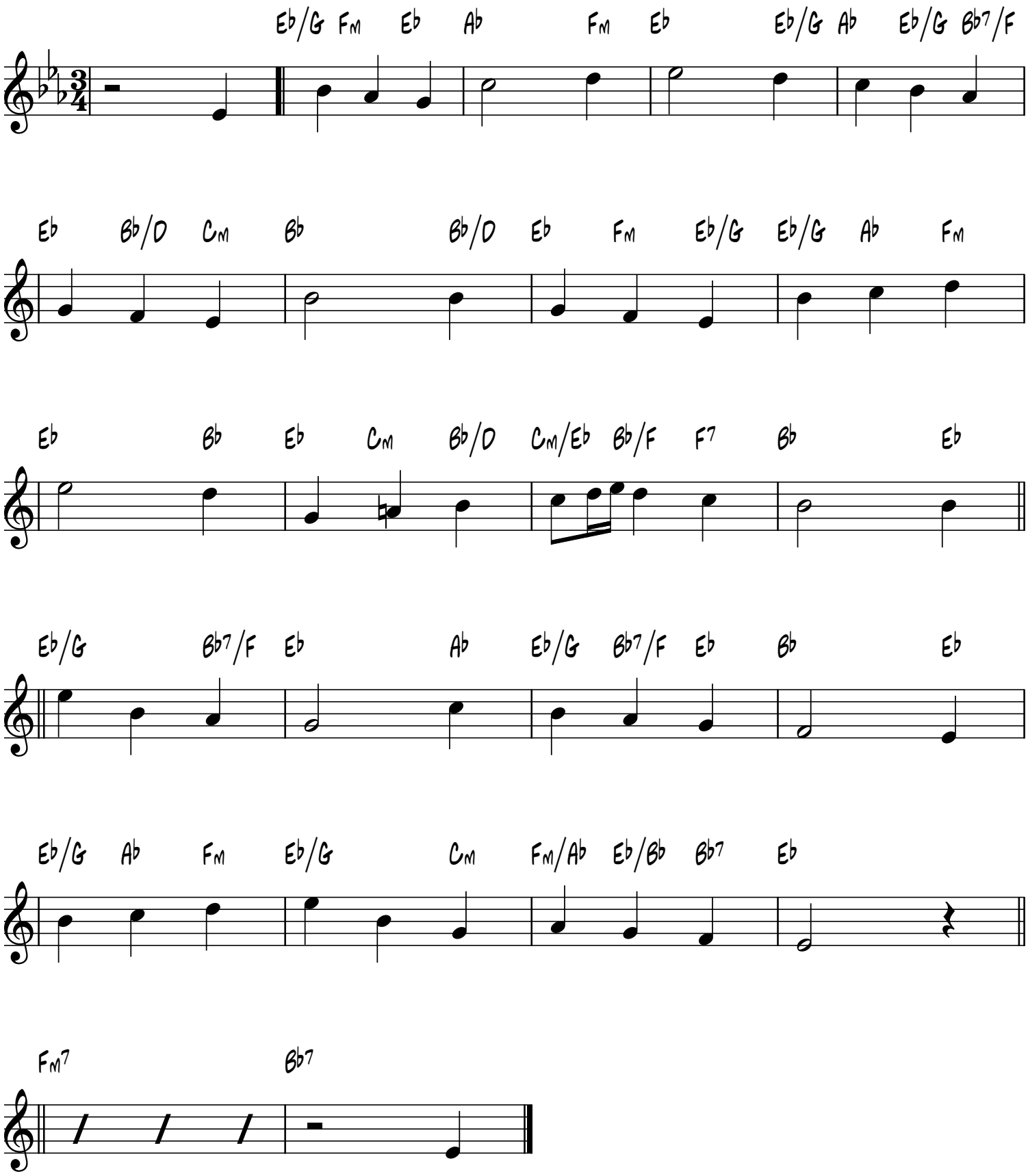
Arise, my soul, arise

St Swithin
E. Jesser, c1770