

## BREAD FROM HEAVEN

### John 6:25-58

**Introduction:** Pastors, you might want to take bread, cut it up into little pieces and pass it out among your congregation to help make the main point of this message. It is not to be eaten until the end of the message. Discuss bread, what it is made of, the aroma of it baking, the appearance of it, the taste of it, the purpose of it, how it becomes beneficial to the human body (it has to be eaten), how long the benefits last, etc. The main points will be about the two breads from heaven: Manna and Jesus.

#### I. GOD SENT MANNA FROM HEAVEN (Manna meaning "What is this?")

1. Discuss to whom it was sent - God's chosen people
2. Discuss why and how it was sent - To satisfy their body needs and rained down like dew from heaven
3. What was it like? Like seeds, with a honey flavor
4. What were they to do with it? Use it like flour and make bread
5. How much were they to gather? Enough for every family member for only one day at a time except on Friday when they were to double the amount to take care of the Sabbath day.
6. What happened if they gathered too much or had some left over? It spoiled.
7. How long did God feed the people? For the 40 years they were in the wilderness.
8. How did the manna point to Jesus?

#### II. GOD SENT JESUS FROM HEAVEN

1. Discuss the birth of Jesus.
2. Why did Jesus come? (To seek and to save)
3. To whom did Jesus come? (Unto His own first, then to the "whosoever.")
4. How is Jesus a "type" of bread? Jesus does for the soul what ordinary bread does for the body.
5. How does one find out about Jesus, the "bread" of life? By the preaching of the Word
6. What does one do when he/she hears the "word?" Either be interested in it or not.
7. How can a person "take in" Jesus like bread? By believing in Him - John 3:16
8. How often does a person need to "take Jesus' bread?" Only once.

#### III. THE ONLY SOURCE OF ETERNAL LIFE IS JESUS

1. When a person does not get food, he/she will die physically.
2. When a person does not take Jesus into his/her life, he/she will never live eternally.
3. God's only source of eternal life is found in "ingesting" Jesus and that is by believing in Him with all one's being.
4. Jesus is the ONLY "bread of life."

#### CONCLUSION:

1. As a person needs food to live physically, so a person needs Jesus to live spiritually.
2. As the Manna from God preserved God's people, Israel in the wilderness, Jesus, sent from God is able to preserve people spiritually for all eternity.
3. One can "set Jesus on a shelf" as a loaf of bread, or he/she can "eat-ingest-believe" in Jesus and have life for all eternity. (Congregation may eat the bread, symbolizing taking in Jesus as Pastor wishes)