

## THE LAST RESORT

Mark 4:35-5:43

(Not entirely original with me)

**Introduction:** Ever meet someone who always thought they didn't need any help in doing things? What about following instructions that come with something that needs to be assembled? How about car repairs or maintenance around the house? Most people have the idea that they can fix things themselves and they don't need to follow the instructions but a lot of the time, if not most of the time, things don't turn out like they should have and then one has to read the instructions or call for someone to come help who knows what's going on. Face it, we get in way over our heads a lot of the time and we have to get help. Sadly, the same habit, the same trait, the same "I can do it myself" attitude is used in spiritual matters as well. Usually most Christians turn to the Lord Jesus when they have tried every thing else. Jesus is the "LAST RESORT."

### I. IN LIFE'S STORMS AND DIFFICULTIES, JESUS OFFERS HELP

#### 1. *Mark 4:35-41*

2. Jesus and some of His disciples were in a boat on a lake that these disciples had spent most of their lives on and they were very able and felt very comfortable doing what they had done for years.
  - A storm came up and they tried all that they knew to do but they were still sinking.
  - They could find no safety, nothing worked.
  - They didn't think about turning to Jesus for He was not experienced in sailing and fishing as they were, what did He know about safety on the water.
3. Jesus was there in the boat with them.
  - They had tried everything they knew to try and still failed.
  - Finally they turned to Jesus and He took charge and calmed the storm and the lake.
    - They were all saved because they finally turned to Jesus.
4. In the storms and difficulties in your life, don't wait till you've tried everything first, turn to Jesus at once, immediately for Jesus can help you in any distress or difficulty.

### II. WHEN THINGS BECOME CONFUSED AND UNABLE TO HANDLE, JESUS OFFERS PEACE

#### 1. *Mark 5:1-20*

2. A demon possessed man, for years, had been wild, lived in the cemetery (tombs).
  - People had tried to rid him of his illness (demons).
  - He had been even chained but he broke the chains.
  - He was a wild, uncontrollable man.
  - Jesus healed the man instantly and forced the demons out of the man into a herd of swine.
3. When healed the man wanted to become a follower of Jesus, but Jesus sent the man home.
  - The healed man could be more of a witness back in his home town than with Jesus.
    - He would be talking to the very same people who had chained his hands and feet.
    - He would explain what had happened to him to his family and everyone who knew him.
    - The man went back to his home in obedience to Jesus.
  - The number of demons Jesus cast out of the mad man were 2,000.

4. Every effort had been made by every person the town/family could think of and nothing worked until Jesus came.
5. When confusion and unhandable situations come into one's life, don't try this and that or turn to this person or that person, go to Jesus the very first thing, no matter what and let Jesus sort out your life and bring you peace and relief.

### **III. WHEN LIFE IS FILLED WITH PAIN, JESUS OFFERS RELIEF**

1. *Mark 5:21-34*
2. A man came to Jesus (Jairus) and asked Jesus to come heal his daughter and on the way while in the crowd, a sick woman reached out and touched the clothing of Jesus.
  - The woman's condition was such that she was considered ritually impure and she was unable to lead a normal social life. She was unclean, therefore impure, isolated, alone and in pain, both physically and emotionally.
3. Jesus can do that which others cannot.
  - No one can control a storm.
  - No one can heal a wild, demonic person.
  - No one could heal the man's daughter or this woman.
  - Others had tried but all had failed.
  - Conditions only got worse until Jesus appeared and stepped in and brought relief.
4. Why must people try everything in their power to being relief before turning to as Jesus for help?
  - Jesus can meet every situation in a person's life with power and bring relief.

### **IV. IN TRAGIC EVENTS IN LIFE, JESUS OFFERS HOPE**

1. *Mark 5:35-43*
2. The daughter of the man who had come to get Jesus to come heal his daughter died before Jesus got there.
  - Jesus could calm a storm.
  - Jesus could remove demons from a mad man.
  - Jesus could heal a person if that person just touched Jesus' clothing.
  - The wind, the sea, demons, sickness all obeyed Jesus, but would death obey Jesus also?
  - The family had tried everything and had gone to everybody to heal their daughter, all hope was gone and the daughter died.
    - What could anybody else do? What could even Jesus do?
3. Jesus reassured the father (Jairus) that all would be well.
  - Jesus had everyone leave the room where the little girl lay except just a few.
    - Jesus then brought the little dead girl back to life.
  - In tragic events in life, there is still hope to be found in Jesus

### **CONCLUSION:**

1. Jesus is the answer to ALL of our needs.
2. Let us learn to make ourselves go to Jesus first in all things.