

EASY TO SAY, HARD TO DO

Luke 23:46

Introduction: Everybody has fears. Some fear being sick, some fear weather, some fear traveling, some fear heights, some fear the water, some fear crowds, some fear elevators, some fear being asked a question and so on. Christians are like everybody else in this respect, fears. Jesus gave an example in how to get rid of being afraid. He commended His spirit into the hands of God. What better way of handling one's fears than to put oneself into the hands of the Lord, completely under His power, wisdom and mercy. God promises to be totally responsible to feed, clothe, shelter and preserve His children who, today, are called Christians.

I. INDEED GOD DOES HAVE THE POWER, WISDOM, WILLINGNESS AND LOVE

1. Before letting go, we must know the one in whom we are going to trust our lives.
2. Paul was persuaded that God could take care of His own.
3. Christian, we can resign our lives into the Lord's hands, or we can keep and preserve ourselves and let fear remain.
4. Our peace and contentment always depends upon our trust in God, no matter the circumstance.

II. ONCE WE HAVE FULLY LET GOD HAVE CONTROL, WE CAN ENDURE ANY AND ALL HARDSHIPS

1. The more resigned to God's keeping, the more indifferent we'll be to conditions around us.
 - No more trying to figure out what to do next.
 - No more being overwhelmed by circumstances.
2. Christian, why should we be concerned, worried about our lives and futures? Leave it all to God. Jesus did.

III. HOW THEN DO WE RESIGN OUR LIVES INTO GOD'S HANDS?

1. It's so easy to say, "Thy Will Be Done..."
2. It's an entirely different matter to let go and turn everything over, or even let go of a single area or circumstance.
3. How can we trust God with everything when we haven't trusted Him with very much yet?
4. Resignation must be free, willing, completely, totally surrender.
 - Ananias and Sapphira said one thing to others but did an entirely different thing.

5. We must surrender all thoughts, ways, desires, every day. Not a once for all thing, but something we must give thought to every day, do we want to let go and let God take it or not. That is the question we must face and answer every day.

IV. RESIGNATION, LETTING GO, IS ONE OF THE HARDEST THINGS WE CAN DO

1. This can be done only by complete trust and faith in God being able to handle things better than we can.
 - Once we have turned things over to God completely, there will be no difficulty that can overcome us.
2. A warning! Once we do let God have complete control of our lives, Satan will rise up and try his best to get us to take control back from God.
 - Look at what happened to Paul.
3. Satan will bring all sorts of frightful conditions around us.
 - He will flood our minds with fears, doubts, anything that might keep us away from Jesus.

CONCLUSION:

1. Christian, do you want to continue to face storms and difficulties with fear? Or do you want quiet confidence and peace of mind when difficulties surround you?
2. If we want to have the "peace that passes all understanding" like Jesus had, then we must do what Jesus did, give it all to God.
3. Remember, it's easy to say the words but so hard to really let go and let God have our entire lives and be in absolute control.
4. Want somebody else to take care of your problems, situations, troubles? Somebody who is very well able to handle anything that could possibly come into your life and give you trouble? Let God have you completely, holding nothing back. Do it every day.