

# Jesus, I will ponder now

Melchoir Vulpius, 1609

Jesu Kreuz, Leiden und Pein  
76.76.D

Jesus, I will ponder now  
On Thy holy Passion;  
With Thy Spirit me endow  
For such meditation.  
Grant that I in love and faith  
May the image cherish  
Of Thy suffering, pain, and death,  
That I may not perish.

Yet, O Lord, not thus alone  
Make me see Thy Passion,  
But its cause to me make known  
And its termination.  
Ah! I also and my sin  
Wrought Thy deep affliction;  
This indeed the cause hath been  
Of Thy crucifixion.

If my sins give me alarm  
And my conscience grieve me,  
Let Thy cross my fear disarm,  
Peace of conscience give me.  
Grant that I may trust in Thee  
And Thy holy Passion.  
If His Son so loveth me,  
God must have compassion.

Make me see Thy great distress,  
Anguish, and affliction,  
Bonds and stripes and wretchedness  
And Thy crucifixion;  
Make me see how scourge and rod,  
Spear and nails, did wound Thee,  
How for man Thou diedst, O God,  
Who with thorns had crowned Thee.

Grant that I Thy Passion view  
With repentant grieving  
Nor Thee crucify anew  
By unholy living.  
How could I refuse to shun  
Every sinful pleasure  
Since for me God's only Son  
Suffered without measure?

Grant that I may willingly  
Bear with Thee my crosses,  
Learning humbleness of Thee,  
Peace mid pain and losses.  
May I give Thee love for love!  
Hear me, O my Savior,  
That I may in heaven above  
Sing Thy praise forever.

Sigismund von Birken